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@ Volunteer Centre West Berkshire
Charitable Incorporated Organisation No: 1156302

Latest volunteer opportunities bulletin – February 2021

Contact us for more information on these or for free interviews, help and advice about volunteering.

www.volunteerwestberks.org.uk

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1 Bolton Place, Northbrook Street, Newbury (alley opposite Camp Hopson)

Befriender

Are you looking to volunteer some of your time and skills to help others in need? Befrienders are being recruited by an organisation that provides accommodation and services to people who are homeless.

Volunteers will work with clients on activities that the client has chosen. These may be recreational (football, boxing, swimming, yoga, cookery and walking for example) or designed to enable them to get paid employment (for example numeracy and literacy).

Time commitment is flexible depending on you and the activity. The role would suit volunteers with good communication skills and the ability to work as part of a team.

Ref NY2101

Community Governor

Governors are being recruited for a local provider of education to students unable to access mainstream classes. In this role, you will be responsible for ensuring clarity of strategic direction, hold executive leaders to account for the organisation's educational performance and oversee finances, ensuring money is well spent.

The role would suit someone with experience in HR, health & safety, people management or organisational skills. Meetings are held 2 or 3 times a term, usually in the afternoon. You will also need to be able to visit education units once or twice a term.

Ref NY2077

Volunteer Support Advocate

Help those who can't speak up about the services and support they need by becoming a Volunteer Support Advocate for a charity that supports people with disabilities or mental health needs.

The role involves accompanying and supporting advocates in home visits and research and attending events to publicise services.

Volunteers will need to be good communicators with experience of working with vulnerable people and an interest in empowering people who are disadvantaged. Time commitment is at least two half-days a week. The vast majority of this role will only be during the week, Monday to Friday daytime.

Ref NY2112

Telephone Befriender

Being visually impaired makes social distancing extremely difficult and returning to normal activities is not an option for some.

A local charity runs a telephone befriending service which has had a significant impact on the lives of people who are visually impaired, and the requests to continue the service post-pandemic have been overwhelming.

If you can spare an hour once or twice a week to have a chat, you will discover how rewarding it is to build a new friendship and help someone feel less isolated.

NY2142

Community Navigator

Prevent and reduce social isolation across the district by supporting vulnerable people to look after themselves, live independently and have a good quality of life.

Community Navigators visit and advise people in their homes, signposting them to appropriate activities. You'll also help people develop skills to find solutions themselves and access information online.

Time commitment is flexible and estimated to be 3-5 hours a week. The role would suit a non-judgemental volunteer with good interpersonal skills, who is also computer literate.

Ref NY2138

Meals on Wheels Saturday Drivers

A local charity that promotes the wellbeing of older people in the Newbury area needs more drivers to assist with the delivery of meals on wheels on a Saturday.

This vital service is needed to help people who find it hard to prepare their own meals and do their own shopping. For them, it is a lifeline, and their families can feel reassured they are having a hot meal. There are three rounds, covering North, South and Central Newbury, with about 10-15 deliveries on each round. Ideal for caring, friendly people with a couple of hours to spare.

Ref NY1123